## 2026 · TAXATION GUIDE TO WITHDRAWALS & INCOME SOURCES



	TYPE OF TAXATION								
HOW DOES THIS TYPE OF INCOME GET TAXED?	Federal Tax (ordinary income)	Federal Tax (LTCG rates)	State Tax (if applicable)	Potential 3.8% NIIT	Early/Non-Qualified Withdrawal Penalty	AGI Sensitivity			
Ť	TAXABLE ACCOUNTS								
Long-Term Capital Gains (LTCGs)	>	+	+	+		+			
Short-Term Capital Gains (STCGs)	<b>+</b>		+	+		+			
Ordinary Dividends	<b>+</b>		+	+		+			
Qualified Dividends	>	+	+	+		+			
Interest	+		+	+	+1	+			
Municipal Bonds	>		Same state: No Different state: Yes						
Treasury Securities	<b>+</b>			+	<b>+</b> ¹	+			
	ROTH RETIREMENT ACCOUNTS								
Qualified Withdrawals or Basis <sup>2</sup>	>								
Non-Qualified Withdrawals (of earnings)	<b>+</b>		+		Pre-59.5: 10% <sup>3</sup>	+			
	TRADITIONAL RETIREMENT ACCOUNTS								
Qualified Withdrawals	<b>+</b>		+			+			
Non-Qualified Withdrawals	<b>+</b>		+		Pre-59.5: 10% <sup>3</sup>	+			
	NON-QUALIFIED ANNUITIES								
Withdrawals Consisting of Gains <sup>4</sup>	+		+	+	Pre-59.5: 10% <sup>3</sup>	+			

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	HEALTH SAVINGS ACCOUNTS (HSAs)								
Qualified Withdrawals	>								
Non-Qualified Withdrawals	<b>+</b>		+		Pre-65: 20% <sup>3</sup>	+			
	529 ACCOUNTS								
Qualified Withdrawals	>								
Non-Qualified Withdrawals (of earnings)	+		+		10%³	+			
	LIFE INSURANCE CASH VALUE								
Policy Loans⁵	>								
Policy Withdrawals/Dividends (basis) <sup>5</sup>	>								
Policy Withdrawals/Dividends (gains) <sup>5</sup>	<b>+</b>		+			+			
	RENTAL PROPERTY								
Rental Income	<b>+</b>		+	<b>+</b> <sup>6</sup>		+			

¹Certain interest-bearing accounts (e.g., CDs) and treasury securities (e.g., I Bonds and EE Bonds) may be subject to an interest-forfeiture penalty (not a tax penalty) if withdrawn early.

<sup>&</sup>lt;sup>2</sup>Except for basis attributable to conversion principal withdrawn within five years.

<sup>&</sup>lt;sup>3</sup>Depending on the circumstances and the type of account you are pulling from, certain early withdrawals may be exempt from additional penalties.

<sup>&</sup>lt;sup>4</sup>Annuities are generally taxed on a LIFO basis. However, some annuities are taxed on a pro-rata basis via annuitization.

<sup>&</sup>lt;sup>5</sup>If the policy is a MEC, it is taxed on a LIFO basis. Policy loans from a MEC are fully taxable (but increase basis), and distributions/loans taken prior to age 59.5 are subject to a 10% penalty.

<sup>&</sup>lt;sup>6</sup>Unless derived from a trade or business.

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